



Republic of Kenya

KENYA NATIONAL POPULATION POLICY FOR SUSTAINABLE DEVELOPEMENT

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Abbreviations and Acronyms

AADP Addis Ababa Population and Development Programme

ABR Adolescent Birth Rate

AFIDEP African Institute for Development Policy AIDS Acquired Immune Deficiency Syndrome

ANC Ante Natal Care

ASAL Arid and Semi-Arid Lands

ASRH Adolescent Sexual and Reproductive Health

Covid-19 Corona Virus Disease of 2019
CSOs Civil Society Organization
DD Demographic Dividend
EAC East African Community
ECD Early Childhood Development
FGM Female Genital Mutilation

FP Family Planning

GBV Gender Based Violence

GCM Global Compact on Migration GDP Gross Domestic Product

HIV Human Immuno-Deficiency Virus

HMIS Health Management Information System

ICPD International Conference on Population and Development

IDPs Internally Displaced Persons IMF International Monetary Fund

IMR Infant Mortality Rate

ILO International Labour Organization

IOM International Organization for Migration

IPA Innovation for Poverty Action

KDHS Kenya Demographic and Health Survey
KPHC Kenya Population and Housing Census
KUSP Kenya Urban Support Programme
NCDs Non Communicable Diseases

NCPD National Council for Population and Development

NEET Not in Employment, Education or Training NEMA National Environmental Management Authority

NLC National Leaders' Conference
OVCs Orphans and Vulnerable Children
PHE Population, Health and Environment
PPD Partners in Population and Development
PPND Population Policy for National Development
PSRI Population Studies and Research Institute

PWDs Persons with Disability RH Reproductive Health

SDGs Sustainable Development Goals

SRHR Sexual Reproductive Health and Rights SRHS Sexual Reproductive Health Services

TB Tuberculosis

TFR Total Fertility Rate

TVET Technical and Vocational Education and Training

UHC Universal Health Coverage UON University of Nairobi

UNFPA United Nations Population Fund

V2030 Vision 2030 WB World Bank

WHO World Health Organization
NMT Non-motorized Transportation
M&E Monitoring and Evaluation
CHVs Community Health Volunteers

NEST New-born essential solutions and technologies ETAT Emergency triage assessment and treatment

MoH Ministry of Health CS Cabinet Secretary PS Principal Secretary

TWG Technical Working Group
ACEs Adverse Childhood Experiences
CSE Comprehensive sexuality Education
PWD Persons Living with Disabilities
VAN Violence, Abuse, and Neglect

MDAs Ministries, Department, and Agencies

Foreword

Kenya received the **Resolve Award** during the *66th World Health Assembly* in Geneva in 2013 for using a participatory process during the development of Sessional Paper No.3 of 2012 on Population for National Development. The 2012 Population Policy guided implementation of population programmes aimed at attaining a high quality of life of the people of Kenya.

This Policy is a revision of the 2012 Population Policy. It builds on the progress made in the implementation of previous population policies while responding to new and emerging population and development agenda, particularly the Agenda 2030 for Sustainable Development, the African Union (AU) Agenda 2063, Kenya's development agenda outlined in the Vision 2030 and the Constitution of Kenya.

The Policy directs focus to a sustainable human development paradigm that places population at the centre of development. Emphasis is on maximizing human capital potential for sustainable development by harnessing the demographic dividend.

The revision process was multi-sectoral, participatory and involved extensive and intensive review of relevant information and data, consultation with leaders, policy makers, and a cross section of stakeholders from national level and all the 47 counties. Key informant interviews were conducted with policy makers and policy dialogues were held with representatives of the private sector, religious leaders and youth leaders. The recent fourth National Leaders' Conference (NLC) on Population and Development discussed and reached consensus on critical population issues in the country. The recommendations of the NLC were included in the draft policy, which was then presented to the Members of Parliament for further discussions and refinement.

The consultations and dialogues resulted in the Kenya National Population Policy for Sustainable Development. This Policy will guide the development and implementation of population programmes in line with Vision 2030, the 2010 Kenya Constitution and other relevant national and international aspirations and goals.

This policy covers seven population broad areas: (i) Population Size, Growth and Age Structure, (ii) Fertility, (iii) Morbidity and Mortality, (iv) Mobility, Migration and Urbanization, (v) Population, Human Settlement, Environment and Disasters (vi) Data, Research and Innovation and (vii) Resource Mobilization. implementation.

Preamble

This policy succeeds Sessional Paper Number 3 of 2012 on Population Policy for National Development. It responds to new and emerging population and development issues that affect Kenya's efforts of achieving its national and international development obligations, while taking into account the achievements of the past policy initiatives.

This policy seeks to align priority actions to the Constitution of Kenya 2010, Vision 2030 and ICPD25 Kenya Country Commitments. This Policy takes into account of the international and regional conventions, agreements and declarations to which Kenya is a signatory.. Further, this policy recognizes the developments in the country's economy, Human Capital, Human Development Index (HDI), labour force participation and poverty eradication as key to population and development.

The policy addresses the following critical population issues:

- i) Population size, growth, age structure and vulnerable populations
- ii) Fertility
- iii) Morbidity and mortality
- iv) Mobility, migration and urbanization
- v) Population, human settlement, environment and disaster risk
- vi) Data, research and innovation
- vii) Resource mobilization

The implementation of policy and derivative programmes will be undertaken both at the national and county levels, using a multi-sectoral approach. The policy identifies key roles of implementing partners from all sectors that have responsibilities for implementing the policy. All existing and future sectoral and inter-sectoral policies and programmes will be aligned towards achieving the objectives of this policy.

The National Council for Population and Development (NCPD) will coordinate and oversee the implementation of this policy.

Guiding Principles

The following principles will guide the implementation of this Policy:

- i. Respect for human rights and fundamental freedoms, including the right to life, human dignity, equality and freedom from discrimination on the basis of gender or social, cultural and religious beliefs and practices as enshrined in the Constitution of Kenya 2010;
- ii. Recognition of family as a basic unit of society as stated in Article 45 in the Constitution of Kenya 2010;
- iii. Affirmation of the basic rights of all couples and individuals to decide freely and responsibly the number and spacing of their children, to have the information and education needed in order to make informed choices, and to have access to the means to act on their decisions;
- iv. Recognition of the diversity of the people of Kenya and responsiveness to the sub-national variations with regard to population and development issues;
- v. Recognition that all communities and individuals have fundamental rights of equal access to all opportunities to improve their wellbeing;
- vi. Recognition of the necessity to advance gender equity and equality, empowering women, and eliminating harmful practices and all forms of discrimination;
- vii. Recognition of the multi-sectoral nature of population issues and the critical need for a cross-sectoral approach to implementation of this policy;
- viii. Recognition of the need for good governance, integrity, transparency and accountability in implementation of the policy;
- ix. Recognition of the role of evidence based decision making, innovation and technology in the successful implementation of the policy;
- x. Recognition of the right to privacy in safe collection, processing and use of population data.

CHAPTER 1: INTRODUCTION

This policy takes into account the recent developments nationally, regionally and globally, on the continuing and emerging population and development challenges, while building on the achievements of the past policies.

1.1 Background

There has been a paradigm shift on the conceptualization of development as exemplified in 2030 Agenda for Sustainable Development, the aspirations of the African Union (AU) Agenda 2063 and ICPD25 Commitments which set an explicit goal for all countries that sustainable development requires building peaceful, just and inclusive societies. Nationally, the Vision 2030 is consistent with Article 43 of the Constitution of Kenya on the Bill of Rights that guarantees all Kenyans economic, social, and cultural rights including the right to the highest standards of health, education, freedom from hunger and adequate food and decent livelihoods.

These goals and strategies recognize that the diversity of demographic change at the national and county level presents unique opportunities and challenges. However, responding to these opportunities and challenges must be anchored on being proactive to the dynamic implications of demographic change and embracing development planning that puts people at the centre as both beneficiaries and actors.

1.2 Past Population Policies

This policy builds on progress and lessons learnt in implementing past population policies while responding to new realities and challenges with respect to Kenya's changing population trends. Since independence, Kenya has implemented the following three explicit population policies aimed at managing population for quality life and sustainable development.

1.2.1 Achievements of Sessional Paper No. 4 on Population Policy Guidelines

The 1984 Population Policy Guidelines provided a framework for the coordination and implementation of population programmes in Kenya in the 1980's and 1990's. The implementation of the guidelines resulted in the decline in the population growth rate and total fertility from 3.3 to 2.8 percent per annum and from 8 to 5 children per woman respectively. Similarly, contraceptive use among married women (aged 15–49 years) more than doubled to 39 percent from only 17 percent and the desired family size also declined to 4 from 6 children per woman over the same period.

1.2.2 Achievements of Sessional Paper No. 1 of 2000 on NPPSD

The National Population Policy for Sustainable Development (NPPSD) guided the implementation of the population programme up to the year 2010. This policy had incorporated the Programme of Action resulting from ICPD 1994. During the ICPD 1994, the scope of population policy concerns was expanded to include human rights, environment, gender, poverty, and problems facing youth, the elderly, and persons with disabilities. Substantial improvements were made in mortality, contraceptive use and family size desires. For instance, child mortality dropped from 115 to 74 deaths per 1,000 live births. However, during the period, total fertility rate (TFR) stagnated at an average of 5 children per woman.

1.2.3 Achievements of Sessional Paper No. 3 of 2012 on PPND

Considerable achievements were recorded during the implementation of the 2012 Population Policy for National Development (PPND). The inter-censual population growth declined from 2.9 percent between the 1999 and 2009 period to 2.2 percent between the 2009 and 2019 period. This decline created an enabling environment to reap the demographic dividend. TFR declined from 4.4 children in 2009 to 3.4 children per woman in 2019. Contraceptive use among married women increased from 46 in 2008/9 to 58 percent and the high-unmet need for contraception among married women declined from 25 percent to 18 percent. The Infant Mortality Rate (IMR) and under-five mortality rate declined from 52 and 74 per 1,000 live births to 39 and 52 per 1,000 live births respectively. Similarly, maternal mortality ratio reduced from 488 per 100,000 live births to 362 per 100,000 live births.

1.2.4 Continuing and Emerging Challenges

In the process of implementing past policies the following are the continuing challenges:

Socio-economic Eenvironment

- i. Rapid population growth and population momentum
- ii. Increasing youthful population
- iii. Persistent high poverty levels
- iv. High levels of adolescent fertility
- v. HIV/AIDS, Malaria, TB and emerging non-communicable diseases (NCDs)
- vi. High unmet need for Family planning and Contraceptive commodity insecurity
- vii. Persistent sub-regional socio-economic disparities in fertility, morbidity and mortality rates
- viii. The geographic inequalities still persist for most reproductive, maternal, newborn and child health and nutrition interventions
- ix. Climate change and environmental sustainability
- x. Rapid urbanization
- xi. Increasing insecurity and continuing conflicts over resources

Socio-cultural Factors

- i. Diverse cultural and religious beliefs and practices that encourage child marriages and FGM
- ii. Low male involvement in RH and FP programmes
- iii. Low involvement of women in decision-making
- iv. Negative attitudes and perceptions in accessing SRH services
- v. Myths and misconceptions about family planning /contraceptives
- vi. Conflicting messages from political and religious leaders

Population Programme Resources

- i. Declining donor support in the face of inadequate government funding
- ii. Limited Public-Private Partnerships
- iii. Inadequate enforcement of coordination mechanisms
- iv. Inadequate capacity of partners to implement sectoral population programmes
- v. Low level of political will and support for population programmes at national and county levels
- vi. Weak institutional capacity of coordinating institutions
- vii. Limited use of population data, innovation and technology in formulation, implementation, monitoring and evaluation of population programmes

The key emerging population and development issues are the role of changing age structure, positive role of urbanization in development, migration governance, humanitarian emergencies and disaster risk response.

1.3 Rationale for Revision

The following considerations necessitated the revision of the Sessional Paper No 3 of 2012 on Population Policy for National Development:

- a) The country governance structures have changed since the enactment of the new constitution in 2010, introducing two level of governments, thereby changing nature of implementation actions required to address population issues:
- b) The socio-economic development landscapes have significantly changed calling for a review of the existing policy to respond and incorporate the issues presented by the changes in population structure and trends;
- c) Align the policy with new national, regional and international development agenda and frameworks. These include: 2030 Agenda for Sustainable Development, EAC Vision 2050, The Africa Union Agenda 2063 'the Africa We Want', the Addis Ababa Declaration on Population and Development 2013, AU Demographic Dividend Roadmap 2017, Kenya National DD Road Map 2020, ICPD25 Nairobi Summit Commitments, amongst others;
- d) The new to strengthen integration of population dynamics in development planning at all levels to ensure policy coherence and provide a common national vision and direction that harmonizes sectoral efforts to achieve desired well-being for all the people of Kenya.

1.4 Revision Process

The revision process was multi-sectoral, participatory and involved extensive review of relevant reference materials, consultation with the public, policy makers and stakeholders at the national level and from all the 47 counties. Key informant interviews and policy dialogues were held with a cross-section of policy makers and leaders to gather more input for the policy. The 4th National Leaders' Conference (NLC) on Population and Development was held to enrich the policy.

1.5 Linkages with National, Regional and International Development Agenda and Frameworks

National Development Agenda

The Vision 2030 is the overarching national development blueprint for Kenya. It recognizes the importance of integrating population dynamics in development planning for socio-economic development. This policy therefore, constitutes an integral tool for the achievement of Kenya's broad development priorities and agenda. The policy will guide formulation of strategies and interventions to promote prioritization and integration of population dynamics in broader development plans and strategies as outlined in the policy objectives.

Regional and International Agenda

Kenya has ratified several international agreements aimed at improving the quality of life of its people through interventions in population and development. These include 2030 Agenda for Sustainable Development, 1994 ICPD Programme of Action (ICPD-PoA), ICPD25 Commitments, EAC Agenda 2050, Africa Union Agenda 2063 - 'the Africa We Want', Addis Ababa Declaration on Population and Development 2013, AU Demographic Dividend Roadmap 2017, Sendai Framework for Disaster Risk Reduction (SFDRR) 2015-2030 and Global Compact on Migration. This policy takes in account all the above regional and international agenda.

Related Policies

This policy is a response to the current population dynamics and their implications for sustainable socioeconomic development. In this regard, the policy builds on and contributes to the achievement of relevant sectoral policies including the Kenya Health Policy, National Gender and Development Policy, Education Policy, National Environmental Policy, Kenya Youth Development Policy, Social Protection Policy, National Land Policy, National Policy on Older Persons and Aging, National Promotion and Protection of Family Policy, National Nutrition Policy amongst others. This policy will contribute to the achievement of broader development goals and the targets of sectoral policies by mainstreaming population issues.

1.6 Scope of the Policy

This policy applies to government Ministries, Departments and Agencies (MDAs) at national level, Departments at county level, Civil Society Organizations (CSOs), NGOs, Development Partners, Private Sector and the Community.

CHAPTER 2: POPULATION AND DEVELOPMENT SITUATION

This chapter presents the population and development situation in Kenya focusing on the socio-economic situation, Population Size, Growth and Age Structure; Fertility; Morbidity and Mortality; Mobility, Migration and Urbanization and Population, Human Settlement, Environment and Disasters.

2.1 Socio-Economic Situation

2.1.1 Economy

The Kenyan economy has been predominantly agricultural, though the services sector has grown in importance especially against the backdrop of weak growth in manufacturing. The economy was rebased in September 2014, increasing its Gross Domestic Product (GDP) by 25.3 percent and making it a low middle-income country and Africa's ninth largest economy. Between the year 2015 and 2019 the real GDP, in absolute terms, increased from KES. 4,792.2 billion in 2018 to KES. 5,049.3 billion in 2019, representing a growth rate of 5.6 percent. However, the onset of the COVID-19 Pandemic slowed growth in 2020. The GDP per capita increased by 80.4 percent from KES 113,000 in 2013 to KES 204,000 in 2019. According to World Bank 22nd report on the economic outlook for Kenya, the real GDP contracted by 0.4 percent in 2020 year-on-year compared to growth of 5.6 percent in 2019.

2.1.2 Poverty

Reducing poverty has been a key Kenyan development objective since independence. The percentage of the population living on less than \$1.90 a day at 2011 international prices declined from 43.7 per cent in 2005 to 36.8 percent in 2015. Although the percentage of population below the poverty line declined from 55.5 percent in 2000 to 36.8 percent in 2015, the absolute numbers have increased. The World Bank Review published in November 2020 revealed that the COVID 19 pandemic might have increased poverty by 4 percentage points, thus increasing the number poor by approximately 2 million.

About 14.5 million Kenyans are food poor. Food poverty incidence is highest in rural areas, where 10.4 million individuals are living below food poverty line compared to almost 1 million in peri-urban and 3.2 million in core urban areas respectively. Food poverty ranges from a high of 66.1 percent in Turkana County and lowest in Meru and Nyeri counties at 15.5 per cent. The prevalence of undernourishment in the country fell gradually from 33 per cent in 2003 to 29.4 percent in 2017.

2.1.1 Labour Force Participation

An important link between population dynamics and economic and social development is the labour market. Employment constitutes the primary means of addressing household poverty. The critical areas to consider include; 1) Access to descent work, 2) Long term unemployment; 3) underemployment, and 4) labour inactivity. The labour force participation rate among the working age was 74 percent in 2019. It was the highest in for age cohort 35-64 at 34.1 percent while the lowest was for the age cohort 15 – 17 at 2 percent. Unemployment rate stands at about 12 percent and about 68 per cent of the unemployed were aged below 35 years. Child labour is still rampant in Kenya and about 7.8 percent of children age 5-14 were in some employment.

The highest rates of labour underutilization was in the age group 20-24 at 27.1 percent. The percentage of the youth 15-34 group age not in education and not in employment or training (NEET) is estimated at 15.6 per cent. The age group 20 - 24 and 25-29 recorded high proportions of persons in NEET at 24.0 and 19.8

per cent, respectively. The number of the youth not in the NEET is expected to rise due to the adverse impact of the COVID 19 pandemic such as the closure of schools and small businesses.

2.1.2 Human Capital

Human capital consists of the knowledge, skills, and health that people accumulate over their lives, enabling them to realize their potential as productive members of society. The World Bank in 2018 established an index to measure human capital. Estimated human capital index for Kenya in 2018 was 0.52 and Kenya ranked number 94 out of 157 countries. It means that 52 percent of children born in Kenya today will grow up to be, at best half as productive as they could.

2.1.3 Human Development

The Human Development Index (HDI) summarizes the country's overall achievements in providing its citizens with quality education, health care, longevity, and necessities to lead a decent life. The latest HDI estimate for Kenya is 0.579 (2019) compared to Norway (the highest) which was 0.954 and Niger the lowest at 0.377. The annual change in HDI since 1990 has been about 0.77 and currently ranked among the medium development having moved from low development. Between 1990 and 2018, Kenya's life expectancy at birth increased by 8.9 years, mean years of schooling increased by 2.8 years and expected years of schooling increased by 2.0 years. Kenya's Gross National Income (GNI) per capita increased by about 34.7 percent between 1990 and 2018.

2.2 Population Size, Growth and Age Structure

2.2.1 Population Size and Growth

The 2019 Kenya Population and Housing Census enumerated 47.6 million people in the country. This is 4.3 times the number of people enumerated in the first post-independence census undertaken in 1969. Between 2009 and 2019, Kenya's population grew at the rate of 2.3 percent annually, down from 2.9 percent between 1999 and 2009. The population is projected to reach about 59 million by 2030. Despite declining fertility rate, the country's population is projected to continue growing over the next 50 - 60 years because of the current population momentum.

2.2.2 Age Structure

Changes in the population age structure have direct implications for the population growth as well as production and consumption of resources. These changes and implications are inextricably tied to the development progress because age influences people's social and economic behavior and needs. The age structural changes can enable the country to gain from the demographic transition, commonly referred to as the demographic dividend, if the right economic and social policies, particularly in education and health, are put in place and implemented.

Since 1999, the proportion of children below age 15 has been declining while the proportion of the youth, persons in the working age, women of reproductive age, and older persons has been increasing. Between 2009 and 2019, the proportion of children below age 15 decreased in 43 counties while the proportion of the population in the working age increased in 45 counties.

Children Age 0 – 14

The proportion of the population in the 0-14 age group is is an indicator of the youthfulness of a country's population. In 2019, children age 0-14 in Kenya constituted 39 percent of the total population thus implying that the country's population is still youthful. Counties with about half or more of the population in this age group are Mandera, West Pokot, Wajir, Samburu, and Narok. In Embu, Kiambu, Nairobi, Nyeri, and Kirinyaga counties, less than one-third of the population is below age 15.

Active Age Population (Age 15 – 64)

The working age population is key in driving the country's demographic dividend agenda and reducing the dependency levels. This segment of the population is projected to continue to increase in both numbers and proportion. In 2019, the working age population in Kenya was estimated to be 57 percent of the population. It was 54 percent in 2009. Majority of those in this segment of the population are males (53%). Between 2009 and 2019, the proportion of youth (age 18-34) increased marginally from 28.7 to 29 percent of the total population while that of women of reproductive age (15-49) increased from 48.3 to 50.4 percent of the total female population. As the number of women of reproductive age continues to increase the demand for reproductive health and related services will also increase.

In nine counties, namely; Nairobi, Mombasa, Kiambu, Kirinyaga, Nyeri, Embu, Machakos, Uasin Gishu, and Taita Taveta over 60 percent of the population is in the working age. In Narok, Tana River, Wajir, Samburu, West Pokot and Mandera less than half of the population is in the working age are.

Elderly (Age 60 and over)

Persons age 60 and above are the fastest growing segment of the population of the Kenyan population. Kenya's elderly population increased from 1,926,051 in 2009 to 2,740,555 in 2019, thus representing an increase of about 42 percent. This rapid increase has implications for the country's social protection measures since the official retirement age in Kenya is 60 years. Majority of older person in Kenya are female at 55 percent.

The main challenges faced by older persons are poor health; inadequate income security and social protection; Violence, Abuse and Neglect (VAN); and ageism. More than half of the elderly in the country live in absolute poverty, and are the poorest age group in the country. The proportion of older persons who receive the old age pension in Kenya is estimated at 24.6 percent. In an effort to enhance the wellbeing of senior citizens, the Government has put in place a policy on Older Persons and Ageing in Kenya. In addition, about two-thirds of population age 70 and above receive a monthly stipend from the Government to cater for their basic needs. Majority of those who receive this stipend are females (61%).

2.2.3 Vulnerable Populations

Persons with Disabilities

Vulnerable population in Kenya was enumerated at 916,635 people in 2019 and constitute 2.2 percent of the country's total population. Majority of those who have a disability are females (57%). Among males, the disability prevalence is 1.9 percent while among females it is 2.5 percent. The major challenge faced by PLWDs is inability to take full advantage of existing opportunities, including education and training, because of the various limitations they have. In the public formal sector, only 1.2 percent of the employees are PWDs. This is much lower than the target of 5 percent set out in section 13 of the Persons with Disabilities Act of 2003.

Total Orphans

Total orphans are among the vulnerable populations who are covered under the Country's Social Protection Programme. The 2019 Kenya Population and Housing Census found that there are 209,396 totally orphaned children in the country51 per cent of which are male and 49 percent are female. The proportion of orphaned children varies across the counties. Garissa County has the highest percentage of children who are total

orphans at 3.3 percent followed by Wajir (2.4%), Isiolo (2.1%), Siaya (2.0%) and Marsabit (2.0%) counties. West Pokot County has the lowest percentage of children who are total orphans in the country at 0.3 percent followed by Narok, Elgeyo Marakwet, Kajiado and Kilifi counties at 0.4 percent each.

Inter-sex

The population of intersex as reported in the 2019 KPHC was 1,524 this being less than one percent of the country's population. Majority of the interx people live in the rural areas. The intersex population is more likely to be discriminated against within the society in addition to the health and social challenges that they face in their communities. Overall, 43 percent of intersex persons in Kenya live in households that are poor. About 21 percent of intersex persons age 3 and above have never attended school while 20 percent left school or a learning institution before completing.

Homeless

According to the 2019 Kenya Population and Housing Census, the homeless population was enumerated at 20,101 this being less than one percent of the country's total population. On average, there are 42 homeless persons in every population of 100,000. Eighty-eight percent of the homeless people in the country are male.

2.3 Fertility

The prevailing birth rates, deaths rates and the balance between immigration and emigration are the determinants of Kenya's population growth. The trajectory of population change in the country is largely driven by fertility and mortality. The central factor driving population dynamics in Kenya is fertility, which is influenced by education, culture, provision of family planning services, child and maternal programmes, and other public health measures that affect morbidity and mortality.

After a rapid rise in fertility levels in the early 1970s that reached one of the highest rates in fertility levels at 7.9 births on average, the country has experienced substantial decline in fertility reaching a Total Fertility Rate (TFR) of 3.4 in 2019. Most women report at least two births in the age group 25-29 years (2019).

Despite the decline in fertility at the national level, there remain pockets of high fertility in a number of counties in Kenya. Six counties out of 47 still have TFR of above 5 children per woman. In addition, high fertility is disproportionately concentrated in poor counties.

2.3.1 Adolescent Fertility

Adolescent fertility has the overall impact of affecting the economic growth of a country due to poor socioeconomic outcomes such as school dropout, lost productivity, and intergenerational transition of poverty. The Program of Action of the 1994 ICPD emphasized the importance of reducing adolescent pregnancy and the multiple factors underlying adolescent fertility. Early pregnancy and childbearing has negative effects on the welfare of the affected girls and women such as such as obstetric fistula, loss of education opportunities and the risk of not participating in labour force, which may lead to higher risk of living in poverty. Their children are also at a higher risk of dying in infancy and early childhood. There are about 11 million adolescents in the country with about 70 percent living in rural areas.

Adolescents -Age 15-19 years

The proportion of teenagers who have begun childbearing has remained at about 18 percent in the county in the last three decades. All counties indicate a challenge with adolescent fertility with four out of the 47

reporting higher levels of more than 100 per 1,000 teenagers. Regional and county differentials in adolescent fertility are closely linked to culture and poverty.

Younger adolescents -Age 10-14 years

Dimensions on adolescent fertility has focused on age 15-19 with the adolescents in the age group 10 to 14 years not given the due attention. Average annual birth rates in this age group has grown from 4,472 in 1989 to reach nearly 6,400 births in 2019.

2.3.2 Family Planning

The uptake of family planning services has increased from 39 percent in 2003 to 58 percent in 2014. However, one in every five women discontinue use within one year with the main reasons being health related concerns and side effects. Unmet need for family planning is 18 percent (2014) having declined from 31 percent in 2003. Women in Kenya give birth on average to one more child than desired. The concern is unchanging patterns of unplanned pregnancy, which currently stands at 35 percent. This phenomenon is more common among younger women, women in the lower socio economic strata, women living in rural areas and in the arid and semiarid counties of Kenya.

2.3.3 Marriage

Marriage remains a key determinant of fertility in the country. The average age at first marriage for those who ever marry, increased marginally by 0.6 years for both males and females in the county during last decade. The increase was from 26.7 in 2009 to 27.3 years in 2019 for males and 22.5 in 2009 to 23.1 years in 2019 for females.

Family formation

Marital characteristics of any society are dynamic and tend to vary in a spatio-temporal context. Marriage among women in Kenya is nearly universal. The proportion never married gradually declines from about 95.8 percent among the 12-14 year olds to 9.3 percent among women aged 45 to 49 years and are higher in urban than in rural areas. Generally, older women are more likely than younger to be in polygamous marriages.

Divorce and separation is slightly common among older women, though the phenomenon is generally low. The proportion of women reporting to be divorced rises from 1.1 percent among 25 to 29 year olds to 2.2 percent among women aged 45 to 49 years. The proportion of women reporting separation are highest in the age group 35 to 39 years at 5.2 percent. Further, the incidence of divorce and separation is higher in the urban areas compared with rural areas. Concerning widowhood, women are more likely than men to be widowed. Widowhood status rises from 0.1 percent among the 15 to 19 year olds to 9 percent among women aged 45 to 49 years.

Infertility

The exact prevalence level of infertility in the country is not known. The proportion of married women aged 45 to 49 years who do not have any children often indicate the level of infertility in a country. In this regards, the 2019 Population and Housing Census indicates that about one percent (0.9 percent) of all married women aged 45 to 49 years have no children.

Child Marriage

The Government has always been keen on reducing adolescent birth rates and therefore age 18 for both boys and girls has been set as the legal minimum age at first marriage. The proportion marrying by age 15 has not

declined since 1990s and remains at about 4.4 percent. The prevalence of child marriage is high among girls than boys (23 percent as compared to the boys at 2.5 percent). The prevalence of child marriage among girls in the country is 23 percent (29 percent in rural and 17 percent in urban areas). A key determinant of fertility: childbearing starts very early and have a lengthy period within which to have children and tend to have many children other factors being constant.

Child marriage is a violation of human rights since noconsent is obtained from the young girls as it is often forced by parents/ caregivers or other circumstances such as unplanned pregnancy and poverty. It prevents girls from obtaining education, maturing and enjoying optimal health. Child marriage has negative health effects such as elevated health risks/ maternal morbidity and children of adolescent mothers children are subject to higher risks of early childhood mortality.

Significant progress in elimination of child marriages is critical for the achievement of the sustainable development goals relating to poverty, food security, health, education, gender equality, economic growth, peace and justice in the country.

2.4 Morbidity and Mortality

The incidence of death and its causes reveal much about a population's standard of living and quality of health care. Several indicators used to assess human development relate to mortality. The likelihood of dying is linked to factors such as age, sex, occupation, socio-economic status, nutrition, access to health care and environmental conditions such as access to safe drinking water and toilet facilities. Kenya has registered improvements in life expectancy at birth. Life expectancy for men improved from 47 to 64 years and for females from 51 to 69 years between 1969 and 2019.

The country is still experiencing high and persistent prevalence in communicable diseases, maternal conditions, nutritional and neonatal conditions despite the current shift in disease burden towards non-communicable diseases and injuries.

2.4.1 Childhood Morbidity and Mortality

The country has recorded significant gains in child survival in the recent past. Under five mortality declined by a 27 percent decline between 2009 and 2014. Similarly, infant mortality declined by about 35 percent over the same period. Although childhood mortality declined at national level, it increased among children living in the urban areas while it declined for children residing in rural areas. Reducing neonatal mortality is important because the proportion of neonatal deaths among e the under-five deaths is increasing as the underfive mortality declines.

Neonatal, Post neonatal and Infant mortality

Fifty-six percent of infant deaths in Kenya occur during the first month of life while estimates indicate that 29 deaths per 1000 live births occur in the first week of life. The majority (99%) of the children who die during the first 4 weeks of life reside in the poorer parts of the country, especially the informal dwellings and ASAL areas. Neonatal mortality is 24 percent higher in urban areas than in rural areas (26 deaths compared to 21 deaths per 1,000 live births). More deaths occur among male children than among female children during their first year of life (44 deaths and 37 deaths per 1,000 live births respectively).

The highest infant and neonatal mortality are experienced in Nairobi at 55 deaths and 39 deaths per 1000 live births respectively. Some of the leading causes of neonatal deaths are: preterm complications (12%), Asphyxia (9%) and Sepsis among other complications such as ante partum hemorrhage, eclampsia, and abnormal presentation and prematurity which are purely preventable and treatable.

Under-5 mortality

Under-five mortality is estimated to be 52 deaths per 1,000 live births which indicates a decline of 27 percent between 2009 and 2014. The under-5 mortality ranges from a low of 42 deaths per 1,000 live births in Central region to a high of 82 deaths per 1,000 live births in Nyanza. Nairobi has the second highest under-5 mortality rate. Siaya, Kisumu, Homabay and Migori still exhibit high childhood and high adult mortality rates. They are also the counties with the highest HIV prevalence and malaria endemicity.

HIV/AIDS and malaria are the first and third-most leading causes of Kenya's total years of life lost for this age. Other causes of illness and deaths among children under age 5 include malnutrition and physical violence. About twenty-six percent of children under age 5 are stunted, and 11 percent are underweight. Physical violence is the most common type of violence experienced in childhood in Kenya with nearly two out of five females (38.8%) and half of males (51.9%) experience childhood physical violence.

2.4.2 Adolescents and Young People Morbidity and Mortality

In Kenya, mortality rates are low among adolescents compared with other age groups. The mortality rate among adolescents aged 10-14 year is 5/1000 compared to the 6 death per 1000 among the adolescents aged 15-19 years.. It is estimated that communicable diseases (Malaria, HIV/AIDS and diarrhea) contribute to 64 percent of deaths among boys aged 10-14 years and 69 percent of deaths among girls with Malaria and HIV/AIDS as the main cause of mortality among boys and girls respectively.

Road injuries and HIV/AIDs are the leading cause of deaths among of boys and girls aged 15-19 respectively. A total of 837 road traffic deaths were reported in 2020 for children aged less than 20 years, accounting for 21 percent of all the deaths. The second leading cause of deaths among girls aged 15-19 is maternal conditions, contributing to 16 percent of the death among this age group. However, HIV/AIDS still remains the leading cause of deaths among the 10-24 year olds. The most common injuries affecting this age group are road traffic injuries, suicide and homicide.

Nutritional deficiencies, heavy episodic drinking, tobacco use and insufficient physical activity are some of the risk factors and determinants of health and wellbeing among this age group. It is estimated that 16 percent of girls aged 10-19 years in Kenya are overweight compared to 11 percent of boys aged same age. Additionally, eight in ten boys and girls do not engage in sufficient activity.

2.4.3 Adult Morbidity and Mortality

The level of adult mortality is an important indicator for the comprehensive assessment of the mortality pattern in a population. Female adult mortality has been declining faster than male adult mortality. Generally, a major cause of morbidity and death among adults is HIV/AIDS epidemic with 4.9 percent of adults aged between 15-49 years being HIV positive. The disease burden from non-communicable diseases (NCDs) is on the rise with NCDs being estimated to account for 27 percent of total deaths among adults. The risk of of dying between ages 30 and 70 years from the 4 main NCDs (cancers, diabetes, cardiovascular diseases and chronic respiratory diseases) is 18 percent.

The leading causes of death among males and females aged 30-34 years old is TB and pregnancy related complications respectively. On the other hand, the leading cause of death among males and females aged 60-64 years old is stroke and ischemic heart diseases respectively.

The COVID-19 pandemic is reversing the gains made over the years in reducing the burden of disease. Most of the covid-19 infections and deaths are being experienced by the population in the age group of 30-39 years with more deaths being experienced in the population in the age groups of 60+ years with more deaths reported among males than females.

About two-thirds of premature deaths in the country are linked to the exposure risk factors (namely, tobacco use, unhealthy diet and physical inactivity, and the harmful use of alcohol). About 50 per cent of all such deaths are linked to the weak health systems that do not respond effectively and equitably to the health-care needs of people with NCDs and the elderly. Male death rates are significantly higher in the case of tuberculosis (32.9, compared to 17.3 per 100,000 in women), alcohol-induced conditions and drug abuse, perinatal conditions, hepatitis B and C and some tropical diseases but not malaria. More men than women are the main victims of road traffic deaths with 86 percent of cases reported in 2020 compared to 14 percent of females.

2.4.4 Maternal Mortality

Maternal mortality ratio in the country is estimated at 362 deaths per 100, 000 live births. The risk of maternal mortality is highest among the adolescent girls due to the high complications in pregnancy and childbirth. The pregnancy related complications contribute 16% of the deaths among female adolescents. In spite of the progress so far, nearly 5,000 women still die annually in Kenya due to pregnancy related causes. In addition, a notable proportion of women suffer long lasting related to pregnancy injuries, infections or disabilities and illnesses such as obstetric fistula..

2.5 Mobility, Migration and Urbanization

Migration influences the population structure, size and composition of a country. Migration has the potential to enhance the opportunities of an individual, their families and country at large. The rapid rural -urban migration has contributed to expansion of urban settlements, changing household sizes and composition, and puts strain on social amenities. As the number of migrants continue to increase mobility, (movement), becomes a major issue and pose certain social, economic and political challenges.

2.5.1 Mobility

Economic and educational activities in Kenya are mainly responsible for mobility (commuting, short term seasonal movements including circular migration). The COVID-19 pandemic has complicated labour mobility to and from the counties. This has slowed down economic activities while accelerating the transition of businesses to the digital platforms. However, there is inadequate data on mobility to inform policy formulation and programme design.

2.5.2 Internal Migration

The main form of internal migration in the country is rural-urban. Internal migration presents opportunities such as it spurs economic growth and development, enhances access to services, influences social change and lifestyle and challenges such as insecurity and pressure on social amenities. In 2019 Nairobi, Kiambu, Mombasa and Kajiado were the receiving counties (highest net gainers) of lifetime migrants while Kisii, Kakamega, Murang'a and Vihiga were the sending counties (the highest net loss) of lifetime migrants. Kenya also hosts a sizeable number of Internally Displaced Persons (IDPs).

2.5.3 International Migration

Three dominant forms of international migration exist in Kenya; voluntary international migration, refugee movements and asylum seekers and irregular migration in the form of migrant human trafficking and smuggling that are often undocumented. Kenya is a country of origin, transit and destination of these forms

of international migration. Human trafficking occurs most in Nairobi, Kisumu and Mombasa cities. Key drivers of international migration are access to employment and education opportunities.

Kenya hosts one of the largest refugee populations and asylum seekers in the world in an environmentally fragile eco-system that presents both ecological and resource challenges. Although, international migration is considered negligible, it has attracted attention due to remittance inflows, which have been growing exponentially over the years.

2.5.4 Urbanization

The total urban population has been growing steadily from about 1 million in 1969 representing 9.8 percent of the total population to 14.8 million in 2019, which is 31.2 percent of the total population. The number of urban centres increased from 47 in 1969 to 372 in 2019. The urban population growth rate has significantly dropped from 8.3 percent in 2009 to 2.1 percent in 2019. The sex ratio indicates a gradual reduction in the selective dominance of males in the urban centres. The proportion of unemployed urban population is relatively small while the informal sector plays a significant role in providing urban employment.

Nairobi City hosts the highest proportion (29.6%) of the total urban population followed by Mombasa (8.1%), Nakuru (3.8%), Ruiru (3.8%), Eldoret (3.3%), Kisumu (2.7%) and Kikuyu (2.2%). Urban centres bordering large cities are merging to form metropolitan cities. More than half of the total urban population (56%) reside in informal settlements. It is estimated that over 70 percent of the population in Nairobi live in informal settlements.

Waste management is a challenge in urban areas. In 2019, about 25 percent of urban households had access to main sewer and 15 percent had access to county government solid waste disposal services.

2.6 Population, Human Settlement, Environment and Disasters

The share of environment and natural resources sector in 2019 was 3.2 per cent to the GDP whereas the share of agriculture sector, which is highly depended on the environment and weather conditions, was 3.6 per cent. However, rapid population growth has led to increasing pressure on the environment and services in both the rural and urban areas. Consequently, the country has witnessed decreasing renewable fresh water per capita, generation and unsustainable disposal of wastes, land, air, water pollution and land degradation. In addition, high levels of poverty, human activities including the increasing use of technology, rapid urbanization and increasing concentration of people settlements and the effects of the climate change has increased the vulnerability of the population to disasters. This is likely to undermine the country's efforts to achieve its development aspirations including the Kenya's Vision 2030 and 2030 Agenda for Sustainable Development.

2.6.1 Population and Environment

Kenya has been experiencing increasing demand for natural resources and the resultant environmental degradation as result of rapid population growth, human activities, rapid urbanization, low public investment, poorly defined property rights, global commodity trade policies that promote over-exploitation of natural resources and the effects of climate change.

The effects of climate change and environmental degradation include frequent occurrences of erratic rainfall, droughts, food insecurity, flooding, vector and water borne diseases, emergence of invasive species, extinction of species and decreasing renewable fresh water in both rural and urban areas. The increasing encroachment of wetlands, which cover about 3 to 4 per cent of the land area of Kenya, has undermined its ability to provide ecosystem services. Kenya's blue economy potential, which covers about 2.2 percent of the land surface, is currently experiencing pressure caused by increasing human activities.

Kenya is classified as a water-scarce country with renewable fresh water per capita standing at about 450m3/capita/year that falls far below the recommended minimum by the United Nations (UN) of 1000m3/capita/year. This situation may worsen in the coming years.

2.6.2 Population and Human Settlement

Harmony between human settlement and the environment is critical for the improvement of the quality of life of the population and achievements of sustainable settlements. About 20 percent and 80 percent of the total land area in Kenya is arable lands and Arid and Semi-Arid lands (ASALs) respectively. High population densities in the arable land areas has led to land fragmentation and land degradation that poses a threat to food security and nutrition. Moreover, population pressure in these areas has led to the loss of rich agricultural land to real estate development and other urban development uses.

In the ASALs, new emerging land uses such as modernized agriculture, green houses, housing estates, industrial, institutional and urbanization have led to human-human conflicts as well as diminishing of the ASALs resources which has threatened the practice of pastoral farming and the livelihoods of the pastoralists. Increasing human settlement in both the arable lands and the ASALs has led to loss of forest cover. Insecurity of land tenure and unsustainable use of the natural resources in these areas is responsible for the rapid loss of wildlife habitats and increased occurrences of human-wildlife and human-human conflicts.

Population and human settlements causes environmental challenges that are interrelated and interlinked. Population, Health and Environment integrated approaches in community development initiatives have registered remarkable results in addressing the complex interlinked challenges that exist between population dynamics, human health, and environmental conservation.

2.6.3 Population and Disasters

The common natural and manmade disasters affecting the Kenyan population are those related to climate change, human activities and diseases. High levels of poverty have increased the susceptibility of the population and the environment (surroundings) to calamities in the country. Other factors that have increased vulnerability to disasters include high levels of unemployment, over reliance on rain-fed agriculture, rapid urbanization, mushrooming of unplanned and informal settlements in disaster risks areas, poor construction practices, HIV/AIDS and poor disaster management systems.

Kenya has witnessed a number of disasters resulting into serious consequences, including deaths, injuries, emotional and mental complications, damage to property and economic losses. Despite severity and magnitude of these disasters, there is no sufficient data and adequate analysis on their impacts on demographic, socio economic and health conditions of the affected population to inform development of effective preparedness and management policies and programmes.

CHAPTER 3 POPULATION POLICY GOAL, OBJECTIVES AND DIRECTION

3.1 Introduction

The aim of this policy is to provide a responsive harmonized direction to address population and development challenges for the achievement of Kenya's Vision 2030 and other national development aspirations through multisectoral integrated approaches. This is envisioned in the goal and objectives of the policy.

3.2 Goal

The goal of this policy is to attain a high quality of life for the population of Kenya that is secure, healthy, broadly educated, trained and empowered for sustainable development.

- a. The policy will contribute to a productive and innovative population for social transformation and sustainable development
- b. The policy will promote integration and mainstreaming of population and development issues in all sectors for the improvement of the welfare of families and communities

3.3 Objectives

The objectives of the policy are:

- 1. To attain a population age structure, human resource base, and economic environment that will accelerate economic development;
- 2. To promote initiatives that enable individuals and couples to make informed choices on their fertility;
- 3. To promote policies and interventions that address morbidities and mortalities across all the segments of the population to improve longevity/life expectancy;
- 4. To address challenges and maximize opportunities arising from mobility, migration and urbanization to achieve national development aspirations;
- 5. To Promote integrated approaches to address population, environment and disaster risk response issues to achieve sustainable development;
- 6. Enhance availability, accessibility and utilization of reliable and timely population data and research leveraging on technology and innovation;
- 7. Advocate for domestic financing for implementation of population policy and programme; and
- 8. Accelerate progress to achieve the realization of the national population policy goal through awareness creation, increasing citizen engagement and strengthening broad- based support and action.

3.4 Population Policy Concerns and Measures

This section covers the critical policy concerns and measures identified in the seven broad population thematic areas.

3.4.1 Population Age Structure

The population age structure presented in this section is categorized into four broad areas: children 0-14 years, active age population (15-64), the elderly 60 years and above and the vulnerable population.

3.4.1.1 Children Age 0-14

Child development during this age bracket is characterized by challenges that hinder children from achieving their maximum potential. Early interventions are therefore necessary in order to make later interventions more cost-effective and successful.

Main policy concerns

- i. Increase in incidents of violence against children
- ii. Increase in cases of child neglect
- iii. Increasing cases of child labour, and child trafficking
- iv. Inadequate data and information for children age 5-14 at county levels to track survival thrive indicators

Policy measures

- Support the review, implementation and enforcement of polices and laws protecting children's rights
- ii. Full enforcement of the legal framework for the provision of compulsory Basic Education
- iii. Scale up interventions that promote comprehensive agenda for child development
- iv. Re-structure the data collection system to capture survival thrive information or indicators on children age 5-14

3.4.1.2 Active Age Population (Age 15-64)

This segment of the population mainly comprises of young people age 15-34 and adults age 35-64. In this age group, about 13.4 percent of young people age 15-34 are not in employment, education or training. As a result, the major issues of concern for this cohort are education and training for skills acquisition, access to decent work, unemployment and distress migration. IInadequate availability of affordable quality childcare services and childcare friendly work environment hamper women's full participation in the labour force in the country. If these issues persist, the country may not adequately benefit from the demographic dividend.

Main policy concerns

- i. Mismatch between available skills and labour market requirements
- ii. Preference for white collar jobs
- iii. Untapped skills
- iv. Unemployment and underemployment
- v. Low enrollment rates in TVET institutions
- vi. Low uptake of available credit facilities
- vii. Limited participation of women in the labour force due to childcare issues

Policy measures

- i. Implement the National Youth Development Policy (2019)
- ii. Implement the Kenya Demographic Dividend Roadmap.
- iii. Link education and skills training with labour market needs.
- iv. Advocate for Technical and Vocational Education Training (TVET)
- v. Fully implement Competency Based Curriculum in the education system
- vi. Advocate for measures that promote the expansion of internship, apprenticeship, and on-the-job training for youth to address youth employment.
- vii. Promote internships and attachments for youth across the public and private sector
- viii. Strengthen direct employment generation schemes, skills development programmes, promotion of self-employment and job search assistance
- ix. Increase access to credit facilities countrywide.
- x. Enforce existing standards for childcare services
- xi. Advocate for childcare friendly work environments.

3.4.1.3 Elderly (Age 60 and over)

The proportion of older persons (age 60 and above) is increasing rapidly, thus requiring substantial resources with which to satisfy their needs. This has implications for social protection measures since more than half of this population lives in absolute poverty, and is currently the poorest age group in the country. The key issues of concern for the older persons are health, income security, and family support concerns.

Main Policy Concerns

- i. Declining stock of health and limited healthcare insurance cover
- ii. Weak health system and policy environment that does not support healthy ageing
- iii. Inadequate care and support from family and community due to breakdown in traditional old age support systems
- iv. Violence, neglect and abuse by family members and caregivers
- v. Little pension and low cash transfer coverage
- vi. Loss of pension income for elderly widows after demise of spouse (Pensioner)
- vii. Lack of opportunities for older persons to be more productive in society

Policy Measures

- i. Expansion of UHC to all older persons in the country
- ii. Strengthening of the policy and legal environment to support healthy ageing
- iii. Full implementation of the National Policy on Older Persons and Ageing, 2019
- iv. Promote and enhance voluntary pension schemes for workers in the informal sector
- v. Advocate for home based support networks and palliative care for elderly persons
- vi. Promote initiatives that encourage young people to save for their old age
- vii. Increase investments in social protection programmes targeting older persons

3.4.1.4 Vulnerable Populations

This category of the population is found in all the segments of the population. Vulnerability results from orphan hood, disability or difficulty in performing activities of daily life, social discrimination associated with intersex, and homelessness due to displacement or poverty.

Persons with Disabilities

This segment of the population constitutes 2.2 percent of the population age 5 and above. Their major challenge is inability to take advantage of existing opportunities because of their limitations in accessing formal education and training, infrastructure, employment, and other basic social services.

Main Policy Concerns

- i. Low enrolment in school and absenteeism from school or learning institutions
- ii. Low integration and mainstreaming of issues affecting PWDs
- Inadequate implementation of both the National Policy on Persons with Disabilities 2019 and the Persons with Disabilities Act of 2003
- iv. Poor access to health care due to limited access to medical insurance cover, stigmatization by health workers, and infrastructure and communication barriers
- v. Inadequate information on specific needs of PWDs by disability domain
- vi. Unemployment and loss of employment due to disability

Policy Measures

- i. Scale up integration and mainstreaming of issues affecting PWDs
- ii. Continue with the implementation of the affirmative actions on persons with disabilities
- Enhance implementation of both the National Policy on Persons with Disabilities 2019 and the Persons with Disabilities Act of 2003
- iv. Institute further measures to make the health care system more responsive to health needs of PWDs
- v. Put in place a data collection system that continually collects information on PWDs by disability domain
- vi. Accelerate implementation of the legal requirement to reserve 5 percent of employment opportunities in public and private sector for PWDs

Total Orphans

Total orphans are children below 18 years who have lost both parents. These children are among the vulnerable segment of the population. The Government has put in place a Social Protection Programme to assist in taking care of the needs of these orphans.

Main Policy Concerns

- i. One-fifth of total orphans have never attended school
- ii. A substantial proportion of total orphans is married
- iii. Total orphans who provide child labour
- iv. Most total orphans live in poor households

Policy Measures

- i. Advocate for education and skills training for total orphans
- ii. Enhance the social protection programmes to comprehensively address the needs of total orphans
- iii. Enforce laws protecting children in connection with orphans

a. Inter-sex

Intersex persons in Kenya face a number of unique challenges that affect negatively on their development.

Main Policy Concerns

- i. Legal, institutional and administrative structures that do not recognize intersex persons
- ii. Low public awareness on the status and plight of intersex persons
- iii. Timing of medical surgical interventions
- iv. Low education attainment
- v. Inadequate data on the wellbeing of intersex persons

Policy Measures

- i. Review the existing legal, institutional, and administrative structures to incorporate the needs of intersex persons
- ii. Increase public awareness on the plight of intersex persons
- iii. Provide information and support to intersex persons and their families
- iv. Develop a policy on the timing of surgical interventions for intersex persons
- v. Conduct regular surveys on wellbeing of intersex persons

b. Homeless

Homelessness is often considered as a sign and cause of poverty and social exclusion. The main issues affecting this segment of the population are lack of residence, poverty, health, education and social integration.

Main Policy Concerns

- i. Vulnerability to poor health
- ii. Insecurity
- iii. Poor access to social amenities

Policy Measure

i. Explore effective mechanisms for settling homeless persons

3.4.2 Fertility

Fertility is a key driver of population change that contributes to the size, structure and composition of the population in a country. The high proportion of Kenyan women who discontinue family planning methods after a short period of use implies that that there are underlying issues. These issues include frequent family planning commodities stock outs, side effects, myths / misconceptions and inadequate health providers. For example, only six counties in Kenya have met the recommended target of health care workers per given population.

Main Policy Concerns

- i. Persistent county differentials in total fertility rates
- ii. Access to reproductive health information and services especially in rural areas
- iii. Infertility and the associated stigma
- iv. Inadequate data on involuntary infertility
- v. Policy imperative on surrogacy and adoption

Policy Measures

- i. Advocate for programmes that encourage quality population for all Kenyans
- ii. Enhance awareness on fertility related issues and its impact on development

- iii. Establish frameworks for enhancing innovative delivery of reproductive health services
- iv. Strengthen collection and analysis of data on infertility
- v. Advocate for the development of a policy framework on surrogacy, and revision of the adoption policy

a. Adolescent fertility

Main Policy Concerns

- i. Adolescent childbearing and its impact on a girl's human capital development
- ii. Empowerment of and partnership with adolescents and communities to address poverty
- iii. Slow decline in the incidence of child marriage, and teenage birth rates
- iv. Inadequate data on early adolescent fertility (10-14 years)
- v. Poor communication on issues related to adolescent sexuality

Policy Measures

- i. Advocate for full implementation of relevant government policies and guidelines that address adolescent fertility
- ii. Promote social responsibility to address adolescent pregnancies
- iii. Promote initiatives aimed at preventing early child marriage
- iv. Promote initiatives aimed at preventing teenage pregnancies
- v. Support Population Champions' model at both national and County levels
- vi. Strengthen collection and analysis of data on early adolescent fertility

b. Family planning

Main Policy concerns

- i. Inadequate domestic financing for family planning commodities
- ii. Inadequate information on family planning
- iii. Myths and misconceptions on contraception
- iv. Inequity in access to FP information and services among the vulnerable populations
- v. Frequent FP commodities stock outs

Policy Measures

- i. Invest in advocacy to galvanize commitment by national, county governments and partners to family planning
- ii. Address knowledge/information gaps, myths and misconceptions on family planning
- iii. Promote interventions that address inequity in access to FP information services among the vulnerable populations
- iv. Invest in infrastructure, supplies, and personnel in health facilities to address FP accessibility and frequent stock outs
- v. Utilize the existing research findings to formulate and implement socio-economic and other interventions to address the disparities that are witnessed in FP uptake among counties
- vi. Mainstream M&E in the FP interventions to promote family planning

3.4.3 Morbidity and Mortality

The 2030 Agenda for Sustainable Development seeks to promote physical, mental health and wellbeing and to extend life expectancy for all. The gains in life expectancy at birth observed over time reflect changes in morbidity and mortality that occur across the various age ranges.

3.4.3.1 Childhood morbidity and mortality

Main Policy Concerns

- i. Widening county differentials in childhood morbidity and mortality
- ii. Increase in neonatal deaths
- iii. Poor quality of child mortality data due to misreporting
- iv. Poor health seeking behavior
- v. Persistent stunting among children
- vi. Increase of childhood mortality in urban and ASAL areas

Policy Measures

- i. Advocate for targeted interventions for child health with focus to ASAL areas and informal settlements in the urban centres
- ii. Strengthen monitoring and evaluation systems of existing RMNCAH interventions to understand and address factors leading to the widening and persistent county differentials in childhood health indicators
- iii. Support and improve the primary health care system
- iv. Increase investment in food security and nutrition programme

3.4.3.2 Adolescent and Young People Morbidity and Mortality

This segment of population is characterized with low mortality rates compared with other age groups and have shown a slight improvement in the past decade. Adolescents and young people experience deaths due to causes that are preventable.

Main Policy Concerns

- i. Inadequate age disaggregated data for the various segments of this group
- ii. Weak dissemination and implementation of policies, action plans and guidelines meant to address adolescent and youth health
- iii. Inadequate targeted services for the health wellbeing and concerns of the adolescents and young persons
- iv. Poor health seeking behavior among the adolescents and young people

Policy Measures

- i. Promote age disaggregated data during routine reporting and surveys
- ii. Support the full implementation of policies and enforcement of relevant legislations
- iii. Support initiatives aimed at reconfiguring health response mechanisms/systems to cater for the needs of adolescents and young persons
- iv. Promote community awareness to address harmful socio-cultural that affect health seeking behavior

3.4.3.3 Adult Morbidity and Mortality

The level of adult mortality is an important indicator for comprehensive assessment of the mortality pattern in a population. Adult mortality rate is often measured by the probability of dying between ages 15 and 60.

Main Policy Concerns

- i. Increasing out of pocket financing for healthcare services
- ii. Increase in inter-personal violence
- iii. Increase in road traffic fatalities
- iv. Widening sex differentials in morbidities and mortalities
- v. Weak health insurance systems and structures which do not favour widows and the elderly
- vi. Insufficient healthcare services for the elderly
- vii. Increasing deaths associated with NCDs
- viii. Increasing morbidities and mortalities from pandemics and endemics

Policy Measures

- i. Advocate for comprehensive domestic health care financing by leveraging on the UHC opportunity
- ii. Support the implementation of health policies in place and enhance investment in preventive action against inter-personal violence and road traffic fatalities
- iii. Enhance preparedness and resilience against pandemics
- iv. Support studies on adult morbidity and mortality

3.4.3.4 Maternal Morbidity and Mortality

Maternal mortality ratio is one of the main indicators of adult mortality. Many women still encounter the burden of pregnancy related complications despite the many interventions in place.

Main Policy Concerns

- i. Persistent county differentials maternal health indicators
- ii. Increasing proportion of maternal conditions and mortalities attributed to adolescent and young people
- iii. Persistent socio-cultural factors that humper the efforts of reducing maternal mortalities and conditions

Policy Measures

- i. Strengthen monitoring and evaluation systems of existing RMNCAH interventions
- ii. Promote community awareness to address socio-cultural harmful practices that contribute to maternal morbidity and mortality
- iii. Advocate for investment in targeted interventions meant for the reproductive needs of the adolescents and young girls

3.4.4 Mobility, Migration and Urbanization

3.4.4.1 Mobility, Migration and Development

Political, socio-economic, environmental conditions, insecurity and poverty are significant drivers of voluntary and forced migration and displacements. The globalization process facilitates the movement of people within the country and across the national borders. As the number of migrants increase, mobility becomes a major issue and will pose certain social, economic and political challenges.

Main Policy Concerns

- i. Loss of human capital in areas of and increased pressure on the resources, unemployment and insecurity in the recipient or destination areas
- ii. Understanding on the growing complexity of mixed migration, especially human trafficking and smuggling
- iii. Weak coordination mechanisms among government agencies working onon combating human trafficking and smuggling
- iv. Changing migration patterns and drivers
- v. Climate change and environment driven migration, resulting in migrants settling in fragile ecological areas

- vi. Inadequate implementation of the international migration governance protocols, including various protocols on free movement of people
- vii. Inadequate priority given to the role of social remittances in national development
- viii. Mobility and migration health concerns
- ix. Inadequate data generationon mobility and migration
- x. Weak incentives to attract investment in the counties

Policy Measures

- i. Advocate for the finalization and implementation of the National Migration Policy and National Labour Migration Policy
- ii. Promote mobility and migration data generation, analysis and utilisation
- iii. Advocate for the integration of internal mobility and migration data into development planning at all levels
- iv. Advocate for mainstreaming international migration issues into development planning
- v. Promote implementation of studies to enhance the understanding of the changing nature of international migration
- vi. Promote studies on flow of remittances in and out of the country
- vii. Promote investments in the counties

3.4.4.2 Urbanization and Development

Urbanization is integrally connected to the three pillars of sustainable development: economic development, social development and environmental protection. Urban population is growing very fast while the economic growth and development transformations necessary to support it to sustantain and enhance the quality of urban life are not occurring at the same rate.

Main Policy Concerns

- i. Uncontrolled urban development
- ii. Disparities in rural and urban development attracting movement from rural to urban
- iii. Inadequate decent and affordable housing
- iv. Inaccessibility and rising cost of housing finance and building materials
- v. Inadequate non-motorized transport (NMT) structures
- vi. Unabated urban sprawl without proper planning
- vii. Inadequate information on market trends, best practices, optimal areas and risk assessment on real estate investment
- viii. Inadequate social amenities

Policy Measures

- i. Advocate for the full implementation of the Urban Areas and Cities Act
- ii. Advocate for the implementation of the National Urban Development Policy of 2017
- iii. Promote initiatives that strengthen linkages between rural and urban areas and within cities
- iv. Promote development of sustainable cities and towns
- v. Strengthen public-private-partnerships (PPP) to improve efficiency in waste management
- vi. Advocate for the implementation of ease of doing business policy to attract investments in Kenya

3.4.5 Population, Human Settlement, Environment and Disasters

There has been increasing concerns regarding the interrelationships between population and human settlements and environment, including climate change and disasters in Kenya. Appropriate interventions

address these concerns are needed to enhance the country's efforts geared towards the achievements of national development aspirations.

3.4.5.1 Population and Environment

Main Policy Concerns

- i. Population growth and renewable fresh water per capita
- ii. Rapid urbanization, industrial trends and demand for water
- iii. Population growth, water resource conflicts, catchment degradation, uncontrolled, unregulated and inefficient use of water resources, encroachment of riparian lands and wetlands
- iv. Population growth and unsustainable use of the natural resources and disposal of wastes in both rural and urban areas
- v. Human activities, climate change, environmental degradation, extinction and emergence of invasive species such as *Prosopis juliflora* ("mathenge"), water hyacinth and wildlife habitats destruction

Policy Measures

- i. Promote the adoption of water harvesting technologies to increase the quantity of renewable fresh water per capita
- ii. Enhance awareness on sustainable production and consumption of resources
- iii. Advocate for sustainable disposal of waste matter
- iv. Promote initiatives including partnerships with decision-makers, development partners and communities for protection and restoration of the ecosystem
- v. Promote initiatives for the enhancement of human and institutional capacity for assessing and implementing actions arising from the consequences of ecosystem change
- vi. Advocate for adoption of Population, Health and Environment (PHE) integrated approaches in community development initiatives
- vii. Enhance integration of population issues in Environmental and Social Impact Assessments and Audits (ESIA&A) in the implementation of Environmental Management Plans

3.4.5.2 Population and Human Settlement

Population plays a major role in influencing human settlements categorized into urban and rural based on their size and functions. In urban areas, increasing population has led to overcrowding and urban sprawl, which has resulted in people moving to the peri-urban areas. Whereas in rural areas rapid population growth has led to land fragmentation, emergence of unplanned settlements and settlement in protected, wetlands and areas susceptible to environmental degradation.

Main Policy Concerns

- i. Increasing encroachment of human settlement in protected areas and riparian lands
- ii. Increasing location of human settlements in areas prone to environmental degradation
- iii. Increasing animal-human conflicts for population living close to protected areas
- iv. Increasing population in both arable lands and the ASALs
- v. Rapid fragmentation of high potential agricultural lands, food insecurity, diminishing ASALs resources and loss of forest cover
- vi. Increasing soil erosion, flooding, siltation of dams and destruction of infrastructure.
- vii. Insecurity of land tenure, unsustainable use of the natural resources, human-human conflicts and persistent high poverty levels

- viii. New emerging land uses such as modernized agriculture, green houses, housing estates, industrial, institutional and urbanization in the ASALs
- ix. Increasing urban sprawl and loss of rich agricultural land
- x. Interrelationship and inter-linkages aspects of population, human settlement environment challenges

Policy Measures

- Promote enforcement and implementation of the National Spatial Plan 2015-2045, National Land Policy 2009, National Land Policy (Sessional Paper Number 1 of 2017) and Community Land Act, 2016
- ii. Promote resettlement of population away from areas prone to environmental degradation
- iii. Promote mainstreaming of population, gender, youth and climate change issues in land use planning and management initiatives
- iv. Advocate for the adoption of Population, Health and Environment (PHE) integrated approaches in land use planning and management activities
- v. Promote community involvement and participation in land use planning and natural resources management issues
- vi. Promote adoption of organic farming to protect and conserve environment in rural areas

3.4.5.3 Population and Disasters

Main Policy Concerns

- i. Increasing frequency and severity of disasters associated with climate change, industrial and technological developments, human activities
- ii. Inadequate data and information on the population disasters
- iii. Increasing resource use conflicts in Arable lands and ASALs
- iv. Mushrooming of unplanned and informal settlements
- v. Rapid population growth and persistent high levels of poverty
- vi. Inadequate integration of population issues into Kenya's disaster preparedness and management systems.

Policy Measures

- i. Promote initiatives for the strengthening and expansion of the Multi-Agency collaboration and partnerships at the national and county levels
- ii. Promote data generation on population affected by disasters
- iii. Promote diversification of economic activities in both arable lands and ASALs
- iv. Promote the development and enforcement of policies, legislations, regulations and standards on building codes, road safety, work place safety and other disaster management initiatives
- v. Promote resettlement of population away from areas prone to disasters
- vi. Promote mainstreaming of population issues into Kenya's disaster preparedness and management policies, plans and strategies

3.4.6 Data, Research and Innovation

The Government of Kenya takes cognizance of the importance of valid, reliable, timely, culturally relevant and internationally comparable population data for policy and programme development, implementation, and monitoring and evaluation. Quality data is useful in providing evidence on the progress made on the

implementation of this Policy and for indicating where investments are required. Although the country has a system of production and dissemination of data from censuses, surveys, administration systems and "big data" from digital platforms, there are concerns that need to be addressed.

Main Policy Concerns

- i. Limited use of ICT innovations and digital platforms for data generation and visualization
- i. Weak coordination mechanisms for population data generation and use
- ii. Inadequate capacity for population research and related issues
- iii. Inadequate knowledge sharing, translation and use
- iv. Lack of comprehensive integrated and up-to-date national population data centre that can serve as a one stop shop for all population and development indicators and outcomes
- v. Inadequate resources for population research
- vi. Incompleteness of administrative data
- vii. Poor quality data that can serve to outline areas where investments is required

Policy Measures

- i. Fully implement and operationalize the Data Protection Act, Information and Communication Act, Statistics Act and adhere to Ethical Review Standards
- ii. Support measures to ensure full implementation of the National Population Research Agenda and its regular updates
- iii. Strengthen capacities of line ministries, other national government institutions, county governments to collect, analyze, disseminate and utilize data generated at all levels
- iv. Institutionalize mechanisms for further analysis of existing data as well as dissemination Promote establishment of frameworks/mechanisms aimed at strengthening and enhancing timely generation and dissemination of high quality population data
- v. Promote use of innovation and new technology in collection and dissemination of population and development data and information at all levels
- vi. Strengthen private sector engagement to support data generation, analysis and use
- vii. Strengthen linkages between data users and producers at all levels
- viii. Mobilize funds for population and development research and investing in technological infrastructure
- ix. Advocate for increased budgetary allocation to strengthen administrative data
- x. Enhance strategies for communicating population and development data
- xi. Establish a comprehensive, integrated and automated national population data base for all population and development data

3.4.7 Targets for Population and Development Indicators

The Population and Development targets presented are for the years 2021, 2015, 2030 and 2050. These targets have been generated using Padis-Int and Spectrum population projection softwares. In addition, other indicators were obtained from other policy documents and from relevant institutions/organizations based on their strategic plans. The targets will guide implementation of this policy for the 2022-2030 period and will be reviewed from time to time as need may arise.

Table 1: Key Targets for Population and Development Indicators

S/No.	Indicator	Baseline	Targets			
		2019	2021	2025	2030	2050
1.	Population size (Millions)	47.6	48.4	52.1	57.3	79.2
2.	Proportion of population <15 Years (%)	39	38.2	34.9	32.7	28.5
3.	Proportion of population 60+ Years (%)	5.8	5.7	5.7	5.8	9.3
4.	Annual Population Growth rate (%)	2.3	2.2	2.1	2.0	1.7
5.	Life Expectancy at birth	67	67.5	68.5	69.8	75
6.	Total Fertility Rate (%)	3.5	3.4	3.2	3.0	3.0
7.	Dependency ratio	75.2	72.3	63.1	57.6	52.2
8.	Infant mortality rate (per 1,000)	39	31.2	31.1	31.0	30.9
9.	Maternal Mortality rate (per 100,000)	350		250	200	120
10.	Contraceptive prevalence rate (CPR)-(%)	58		64	70	75
11.	Proportion of children under-five stunted (%)	19.5	17	16.1	14.7	9.5
12.	Primary School Completion Rate (%)	85.4	90.2	100	100	100
13.	Primary to Secondary Transition Rate (%)	85.5	90.3	100	100	100
14.	Secondary School Completion rate (%)	94.2	96.1	100	100	100
15.	Gross Enrolment (TIVET)	430,598	496,582	713,736	973,042	2,010,268
16.	Proportion of older persons age 70+ covered by social protection programme by sex and age (%)	68	75	100	100	100
17.	Proportion of land area under tree cover (%)	8.8	9.6	>10	>10	>10

CHAPTER 4: IMPLEMENTATION FRAMEWORK

This population policy will be implemented through a multi-sectoral and multi-dimensional approach that will involve the National Government, County Governments, Civil Society Organizations, NGOs, Private Sector, Faith Based Organizations, Bi-lateral and Multi-lateral development partners, Political Parties, Mass Media, Institutions of Higher Learning, and Research Institutions. The NCPD will be the overall coordinating and advisory body for the implementation of this Policy. The Policy will be implemented within the broader framework the Vision 2030 and the 2010 Constitution. A communication strategy for implementation of this policy will be developed.

4.1 Role of NCPD

The National Council for Population and Development (NCPD) will coordinate and oversee the implementation this policy and will strengthen the linkages among actors to ensure attainment of its goal, objectives and targets. This institutional role and mandate will be realized through the framework of this Sessional Paper and establishment of NCPD through an Act of Parliament. Coordination will ensure that all the actors in the population sector will work in synergy and use resources maximally for the successful implementation of the population programme. Concerted efforts will be made to strengthen the existing coordination mechanisms both at the national and county levels.

Mandate

As the lead organization in population matters in the country, NCPD is charged with the following responsibilities:

- Provide leadership, mobilize support and coordinate implementation of population policy and population programmes;
- Coordinate and convene stakeholders both at national and sub-national level to review and update implementation actions;
- Assist stakeholders and partners in the integration of priority population interventions;
- Assist implementing partners to identify their roles in the implementation of this Policy;
- Track and assess the impact of population programmes and make policy recommendations;
- Develop periodic action plans and establish accountability and monitoring mechanisms;
- Advocate for political and other support to address population issues;
- Support generation, sharing and utilization of population data for decision making;
- Review and develop of Population Policies; and
- Mobilize resources for implementation of population policy and population programmes.

The Government through the National Treasury and Planning will provide the required financial resources to the National Council for Population and Development to ensure effective and smooth implementation of the Population Policy.

4.2 Monitoring, Reporting and Accountability

Monitoring, reporting, and accountability are an integral part of this population policy. Five-year action plans will provide the main basis for monitoring, reporting and periodic assessment of the implementation of this policy. Implementers through a consultative process will develop the action plans. Implementers will also monitor the implementation of their own action plans. In order to enhance the monitoring of the implementation of the policy, indicators of the action plans will be integrated into the National Integrated Monitoring and Evaluation System (e-NIMES).

Reporting on the population programme will be undertaken through various channels namely: meetings, newsletters, and reports. Coordination meetings and sector specific fora to report on the implementation progress will be convened on quarterly basis at the national and county levels.

The implementation of this policy and its action plans will be evaluated half way and towards the end of the period to determine if the population and development targets are being met. Periodic surveys will also be used to assess the progress and impact of the country's population programme.

4.3 Institutional Roles and Responsibilities

1. Health

Category	Institutions and Roles
National Government	Ministry of Health
	 Advocate for increased domestic health financing to improve quality of health services through commodity security, provision of health infrastructure and strengthening health staff capacity at national level.
	Strengthen health management information system to ensure timely and accurate health facility data
	 Escalate universal health coverage to all counties and expand it to cover all illness and conditions (including pandemics, non-communicable diseases and injuries) for all populations (including adolescents and older persons).
	Advocate for and ensure mainstreaming of health issues in all policies
	• Fast track the implementation of existing health policies to address persistent and emerging health issues.
	 Promote community awareness to address health concerns that affect individual health outcome such as injuries, personal and interpersonal violence, poor nutrition, risky sexual behavior, harmful practices, poor health seeking behavior, drug and substance abuse and social/religious norms and beliefs
County Government	Advocate for and allocate more resources for family planning and health systems strengthening through County Assemblies.
	• Ensure quality health care service provision through improvement of the capacity of health staff and consistent supply of medical supplies and equipment.
	 Promote community awareness to address health concerns that affect individual health outcome such as injuries, personal and interpersonal violence, poor nutrition, risky sexual behavior, harmful practices, poor health seeking behavior, drug and substance abuse and social/religious norms and beliefs
	Promote and support implementation of health policies and guidelines developed by national government

	Promote timely and quality data health facility data generation through the National health management information system
Civil Society Organizations	 Support Government efforts in development of protocols, guidelines, procedures on the provision of health care services Advocate for the provision of quality health care services
	Advocate for domestic health financing
Private Sector	Support healthcare provision through Corporate Social Responsibility
Faith Based Organizations	Promote and support implementation of health policies and guidelines
	Support and complement government efforts in provision of quality and affordable healthcare services
Political Parties	Support integration of health concerns in to social and political agenda and manifestos
Mass Media	Support in awareness creation for health concerns that affect individual health outcome such as injuries, personal and interpersonal violence, poor nutrition, risky sexual behavior, harmful practices, poor health seeking behavior, drug and substance abuse and social/religious norms and beliefs
Institutions of Higher Learning	Training healthcare workers
and Research	Conduct research on health related issues
	Undertake consultancies and provide advisory services
	Mainstream health issues in training curricula of tertiary institutions such as gerontology

2. Population, Urbanization and Housing

Category	Institutions and Roles
National Government	 The National Treasury and Planning Allocate financial resources for implementation of population activities and programmes by strengthening social infrastructure Review the policy and financial environment to enhance data production and use Coordinate the implementation, monitoring and evaluation of the Population Policy in all sectors Ministry of Transport, Infrastructure, Housing, Urban Development, and Public Works Advocate for the full implementation of the Urban Areas and Cities Act Advocate for the implementation of the National Urban Development Policy of 2017 Advocate for initiatives that strengthen linkages between rural and urban areas and within cities through infrastructure development including affordable transportation and communication networks

County Government	 Utilize population data in planning, policy formulation, and programming Support the implementation of the following; Urban Areas and Cities Act National Urban Development Policy of 2017 Provide resources to the population programme
Civil Society Organizations	Utilize population data in planning, policy formulation, and programming
Private Sector	 Provision of housing Provision of funding for housing development
Faith Based Organizations	Utilize population data in planning, policy formulation, and programming
Political Parties	 Support the use of population data in policy formulation Support policies that enhance planned urbanization and affordable housing
Mass Media	Disseminate population information and data to the public
Institutions of Higher Learning and Research	 Train population scientists and urban planners Conduct population research

3. Education and Training

Category	Institutions and Roles
National Government	 Ministry of Education Mainstream population issues into the education curriculum Implement programmes aimed at retaining pupils and students in schools Advocate for technical and vocational educational and training Enhance transition and completion rates for pupils and students Enforce existing standards for childcare services Create a conducive environment for intersex persons in learning institutions
County Government	 Promote pre-primary school education and enrollment Promote enrollment in village polytechnics Enforce existing standards for childcare services including pre-school education
Civil Society Organizations	 Support government efforts in the provision of education and training Promote enrollment in TVET institutions Promote transition and completion rates for pupils and students
Private Sector	 Support government efforts in the provision of education and training Promote enrollment in TVET institutions Promote transition and completion rates for pupils and students

Faith Based Organizations	 Support government efforts in the provision of education and training Promote enrollment in TVET institutions Promote transition and completion rates for pupils and students
Political Parties	Support development and implementation of education and training policies
Mass Media	Sensitize the public on the role contribution of education and training to quality life
Institutions of Higher Learning and Research Institutions	Conduct research on education issues

4. Environment, Water, Sanitation and Regional Development

Category	Institutions and Roles
National Government	Ministry of Environment and Forests
	 Advocate for increased renewable fresh water per capita to meet the increasing water demand Enhance awareness on sustainable production and consumption of
	 resources Advocate for sustainable disposal of wastes Advocate for Population, Health and Environment (PHE) integrated approaches in development planning, and conservation and protection of the natural resources Enhance the integration of population issues in Environmental and Social Impact Assessments and Audits (ESIA&As) in the implementation of Environmental Management Plans Advocate for integration of population issues into natural resource planning and management Ministry of Water and Sanitation and Irrigation
	Ensure provision of safe water to the population to reduce morbidity and mortality
County Government	 Implement sustainable methods of waste disposal Implement the Population Health and Environment integrated approach in the conservation and protection of natural resources
Civil Society Organizations	 Support the implementation of Population Health and Environment integrated approach in the conservation and protection of natural resources Promote sustainable methods of waste disposal
Private Sector	Promote sustainable methods of waste disposal
Faith Based Organizations	 Support the implementation of Population Health and Environment integrated approach in the conservation and protection of natural resources Promote sustainable methods of waste disposal

Political Parties	Support integrated approaches to environment conservation and protection
Mass Media	 Promote public awareness on the inter-linkages between population, health and environment
Institutions of Higher Learning and Research Institutions	Evaluate the impact of Population Health and Environment programme in Kenya

5. Gender, Youth and Vulnerable Groups

Promote community awareness to address harmful norms, religious beliefs and gender inequalities that a health outcome Fast-track the implementation of relevant policies in pl investment in preventive action against inter-personal Ministry of ICT, Innovation and Youth Affairs Fast track the implementation of the National Your Policy Promote internships and attachments for youth across private sector Ministry of Labour and Social Protection Fully implement the National Policy on Older Personal Expand the age bracket for target beneficiaries of the cash transfer programme Expand universal health coverage to all older personal transfer programme Expand universal health coverage to all older personal transfer programme Advocate for home based support networks and paselderly persons Scale up integration and mainstreaming of issues affect Continue with the implementation of the affirmative activith disabilities Enhance implementation of both the National Policy Disabilities 2019 and the Persons with Disabilities Activity Disabilities 2019 and the Persons with Disabilities 2019 and the Persons with Disabilities 2019 an	Category	Institutions and Roles
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o National Youth Development Policy		 Expand the age bracket for target beneficiaries of the social protection cash transfer programme Expand universal health coverage to all older persons across the country Promote voluntary pension schemes for workers in the informal sector Advocate for home based support networks and palliative care for elderly persons Scale up integration and mainstreaming of issues affecting PWDs Continue with the implementation of the affirmative actions on persons with disabilities Enhance implementation of both the National Policy on Persons with Disabilities 2019 and the Persons with Disabilities Act of 2003. Put in place a data collection system that continually collects information on PWDs by disability domain Enhance the social protection programmes to comprehensively address the needs of total orphans Explore effective mechanisms for settling homeless persons
	County Government	 National Youth Development Policy Policy on older persons and ageing

	 Persons with Disabilities Act of 2003
	 Promote internships and attachments for youth across the public and private sectors
	private sectors
Civil Society Organizations	Support implementation of the following policies
	 National Youth Development Policy
	 Policy on older persons and ageing
	 National Policy on Persons with Disabilities 2019
	 Persons with Disabilities Act of 2003
	Promote efforts to end harmful practices and enhance gender equity
Private Sector	Support implementation of the following policies
	 National Youth Development Policy
	 Policy on older persons and ageing
	 National Policy on Persons with Disabilities 2019
	 Persons with Disabilities Act of 2003
	Increase access to credit facilities countrywide
	Promote internships and attachments for youth across the private sector
Faith Based Organizations	Support implementation of the following policies
g	National Youth Development Policy
	Policy on older persons and ageing
	 National Policy on Persons with Disabilities 2019
	Persons with Disabilities Act of 2003
	Promote efforts to enhance gender equity and end harmful practices
Political Parties	Support implementation of the following policies
	 National Youth Development Policy
	 Policy on older persons and ageing
	 National Policy on Persons with Disabilities 2019
	 Persons with Disabilities Act of 2003
Mass Media	Enhance public awareness on the following policies
	 National Youth Development Policy
	 Policy on older persons and ageing
	 National Policy on Persons with Disabilities 2019
	 Persons with Disabilities Act of 2003
Institutions of Higher Learning	Conduct studies on the low utilization of credit facilities by women and
and Research Institutions	youth
	Conduct studies on wellbeing of intersex persons

6. Agriculture, Trade, Tourism and Industry

Category	Institutions and Roles
Agriculture	• Integrate population and family planning issues into agricultural extension programmes and services
	Increase efforts to enhance food production and guarantee food security
	 Promote youth and women's participation in Agriculture and development

Trade, Tourism and Industry	 Promote population issues in entrepreneurship

7. Devolution

Category	Institutions and Roles	
Devolution	County Assemblies	 Provide political support for the implementation of Population Policy and Programmes Allocate adequate financial resources for Population Programmes Provide oversight for the implementation of Population Policy and Programmes
	County Governments	 Integrate population issues into county development planning Support population and development research Scale up interventions that promote comprehensive agenda for child development
	Devolution & Inter- Governmental Relations	Ensure integration of population issues at both the National and County levels
	Civil Society Organizations (CSOs)	 Supplement government efforts in the financing, implementation, monitoring and evaluation of population programmes Scale up interventions that promote comprehensive agenda for child development and other population issues Promote community awareness to address harmful practices, social norms, some religious beliefs and gender inequalities Promote initiatives aimed at preventing early child marriage

8. Governance

Category	Institutions and Roles		
Governance and rule of law	Judiciary Office of the director of public prosecution	 Arbitrate on harmful cultural practices such as child marriage, FGM, GBV and protection of children's rights. Provide access to justice 	
	ExecutiveMinistriesThe Attorney General	Provide legal guidance and facilitate enactment of necessary laws on matters concerning population	
	Parliament	 Facilitate the establishment of NCPD by an Act of Parliament Provide political support for the implementation of Population Policy and Programmes Ensure sufficient budgetary allocation for Population Policy and Programmes 	

	Provide oversight for the implementation of Population Policy and Programmes at National and County levels
Political Parties	 Support fully the integration of population issues into their social and development agendas Sensitize the public on population issues Mobilize support for population programmes
Ethics and Anti-Corruption	Promote standards and best practices in
Commission (EACC)	ethics and integrity among vulnerable population
Internal Security and Defence	promote and guarantee national and county security among the populace

9. Oil, Gas and Mineral Resources

Category	Institutions and Roles	
Oil, Gas and mineral resources	Mineral resources The Ministry of Mining NEMA The National Land Commission Oil and Gas Kenya Pipeline Company Ministry of Energy and Petroleum	 Enhance awareness on sustainable production and consumption of resources Advocate for sustainable disposal of wastes Enhance the integration of population issues in Environmental and Social Impact Assessments and Audits (ESIA&As) in the implementation of Environmental Management Plans Advocate for development and implementation of policy guidelines on land use zoning and enforcement of Land Use Policy Advocate for integration of population issues in land use planning and management Advocate for women ownership of land and decision making regarding land tenure Advocate for community involvement in land use planning and natural resources management issues

10. Blue Economy

ana and Athi-River evelopment Authority FARDA) ake Victoria Basin outhority (LVBA)	 Educate people on the impact of population and resource mismanagement on the deterioration of the environment and depletion of natural resources Develop Population programmes that will
	demonstrate the impact of population on land and water resources
r E	evelopment Authority 'ARDA) ake Victoria Basin

National University and other national Research Institutions	 Develop population programmes that integrate Population, Environment and Development Supporting research and knowledge management and provide technical support
Kenya Maritime Authority Kenya Ports Authority Ministry of Tourism and Wildlife State Department for Fisheries and Blue Economy UNEP UNESCO UNCTAD	Advocate for increased renewable fresh water per capita to meet the increasing water demand.

11. Sports , Culture and Arts

Category	Institutions and Roles	
Sports, culture and arts	Ministry of Sports, Culture and Heritage • State Department of sports • Department of Culture & Heritage • Department of Library • Kenya Film Commission	 Mainstream population health in all policies Reconfigure response mechanisms/systems to the needs of adolescents and young persons

CHAPTER 5: RESOURCE MOBILIZATION

The implementation of this Policy will require adequate resource mobilization from the national government, development partners and the private sector. These resources are: (i) Human and technical resources (ii) Financial resources and (iii) Capital resources. The Government will provide the necessary enabling policy environment and resources. All stakeholders are encouraged to support implementation of this policy. The NCPD will provide the necessary leadership and coordination in all aspects of resource mobilization.

Main Policy Concerns

- i. Inadequate resource allocation for the population programme
- ii. Baseline for establishing the resource gap for population programmes is lacking
- iii. Inadequate domestic funding for the population programme
- iv. Changing resource environment following the classification of Kenya as a low middle income country, resulting to;
 - o A significant shift in donor funding priorities
 - A progressive decline in contributions of development partners towards population programmes
 - o A notable constrained bilateral aid budgets and the increased overdependence on external funders
- v. Allocation of resources to the population programme depends largely on the country's social, economic, and political realities
- vi. Population programme in Kenya is highly donor dependent
- vii. Mix up of classification of the population programme
- viii. High dependency ratio eroding savings and undermining investments
- ix. Inadequate participation of private sector towards implementation of population and development programme
- x. Competition for resources within and across sectors

Policy Measures

- i. Integrate population concerns in all national and county development plans
- ii. Estimate resource requirement/resource gap for the population programme
- iii. Develop a budget tracking mechanism to track resource allocation and gaps for population programme
- iv. Advocate for domestic ffinancing and resource allocation for implementing population policy and programme
- v. Lobby counties to allocate resources to support the population programme
- vi. Strengthen financial accountability for the resources allocated for the population programme
- vii. Include non-monetary resources as an integral part of resource mobilization plan particularly where technical capacity and support may be quantified as a resource
- viii. Strengthen public-private partnerships interlinkage with resource mobilization in planning, development and implementation of the population programs, technology and innovative solutions
- ix. Establish long-term relationships with development partners and benefactors aim at creating sustainability away from one-touch transactional approaches

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x. Track resource allocation for implementing ICPD25 Commitments by introducing an ICPD marker

in national and county budgeting

Glossary of Terms

Adolescents Individuals in the 10-19 years' age group

Ageism Stereotyping, prejudice and discrimination of people on the basis of age

Asphyxia A life-threatening lack of oxygen due to drowning, choking, or an

obstruction of the airways

Average intensity of food deprivation of

the undernourished:

Estimated as the difference between the average dietary energy requirement and the average dietary energy consumption of the undernourished population (food-deprived), is multiplied by the number of undernourished to provide an estimate of the total food

Avalanches A large mass of snow, ice, earth, rock, or other material in swift motion

down a mountainside or over a precipice

Blue Economy The 'Blue Economy' is an emerging concept which encourages better

stewardship of our ocean or 'blue' resources

Biological Elements Include plants, animals, micro-organisms

Child Mortality Deaths of children occurring between the first and the fifth birthday

Clandestine CrossingsIllegal. aliens and those that assist them in their unauthorized entry into

a country as alien smugglers and human traffickers

Crude Birth Rate: The annual number of live births per 1,000 population

Crude Death Rate The number of deaths per 1,000 populations in a given year

COVID19 Refers to an infectious disease caused by a newly discovered

coronavirus. The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes,

or exhales

Cultural Elements Economic, social and political conditions which are largely man-made

features such as game parks, recreation facilities

Data Interoperability Addresses the ability of systems and services that create, exchange and

consume data to have clear, shared expectations for the contents,

context and meaning of that data

Decent Work Involves opportunities for work that are productive and deliver a fair

income, security in the workplace and social protection for families, better prospects for personal development and social integration, freedom for people to express their concerns, organize and participate in the decisions that affect their lives, and equality of opportunity and

treatment for all women and men (SDG Goal 8)

Demographic DividendThe economic growth potential that can result from shifts in a

population's age structure, mainly when the share of the working-age population (15 to 64) is larger than the non-working-age share of the

population (14 and younger, and 65 and older)

Depth of the food deficitIndicates how many calories would be needed to lift the undernourished

from their status, everything else being constant

Disease BurdenThe death and loss of health due to diseases, injuries and risk factors

Eclampsia It is a serious condition where high blood pressure results in seizures

during pregnancy. Seizures are periods of disturbed brain activity that can cause episodes of staring, decreased alertness, and convulsions

(violent shaking)

Endemicity A situation of constant presence and/or usual prevalence of a disease or

infectious agent in a population within a geographic area

Erratic Rainfall Unpredictable and out-of-season rain

Exclusive Economic zone Refers to an area beyond and adjacent to the territorial sea, subject to

the specific legal regime established in this Part, under which the rights and jurisdiction of the coastal State and the rights and freedoms of other States are governed by the relevant provisions of this Convention

Family Planning Allows individuals and couples to anticipate and attain their desired

number of children, the timing and spacing of their births

Food Poverty This implies that one in every three individuals in Kenya is unable to

consume the minimum daily calorific requirement of 2,250 Kcal as per

their expenditures on food

Human Development Index (HDI)

Is a composite index capturing a country's attainments with respect to

per capita income, education and life expectancy at birth (UNDP, 2003) The main premise of the human development approach is that expanding peoples' freedoms is both the main aim of, and the principal

means for sustainable development

Human CapitalConsists of the knowledge, skills, and health that people accumulate

over their lives, enabling them to realize their potential as productive

members of society

Human Capital Index Measures the amount of human capita that a child born today can expect

to attain by age 18. The main components include: the probability of survival up to age 5, a child's expected years of schooling, harmonized test scores (as a measure of quality of learning), adult survival rate (fraction of 15-year-olds that survive to age 60), and the proportion of

children who are not stunted

Human Settlement Refers to a place where people live, the totality of human community

with all the social, material, organizational, spiritual, and cultural

elements that sustain it

Infant Mortality Rate The number of deaths of infants under age 1 per 1,000 live births in a

given year. The IMR is considered a good indicator of the health status

of a population

Infant mortality Deaths of children occurring before the first birthday

Infertility The disease of the male or female reproductive system defined by the

failure to achieve a pregnancy after twelve months or more of regular

unprotected sexual intercourse

Informal Settlements These are urban settlements characterized by poor structural quality of

housing; lack of formal basic services and infrastructure; and lack of security of tenure. In most cases, they are located in geographically and

environmentally hazardous areas

Internal Migration Refers to migration across regional administrative boundaries within a

country. Internal migration can be categorized by type (in-migration and out-migration) and directional flow (rural-urban, rural-rural, urban-

rural, and urban-urban)

Intimate Violence The term "intimate partner violence" describes physical violence,

sexual violence, stalking, or psychological harm by a current or former partner or spouse. This type of violence can occur among heterosexual

or same-sex couples and does not require sexual intimacy

Labour Force Consists of all persons in the working age population who are either

employed or unemployed

Labour Force Participation Rate A measure of the proportion of a country's working-age population that

engages actively in the labour market, either by working or looking for

work

Labour underutilization Refers to mismatches between labour supply and demand, which

translate into an unmet need for employment among the population

Life Expectancy An estimate of the average number of additional years a person could

expect to live if the age-specific death rates for a given year prevailed for the rest of his or her life. Most commonly cited as life expectancy

at birth

Long-term unemployment This refers to all unemployed persons with continuous periods of

unemployment extending for one year or longer (52 weeks and over)

Malnutrition Refers to deficiencies, excesses, or imbalances in a person's intake of

energy and/or nutrients. This may be undernutrition, micronutrient

deficiencies and overweight

Maternal Conditions Any health condition attributed to and/or complicating pregnancy and

childbirth that has a negative impact on the woman's wellbeing and/or

functioning

Neonatal Mortality Deaths of children occurring within the first month of life

Non-motorized Transportation: (also known as Active Transportation and Human Powered

Transportation) includes Walking and Bicycling, and variants such as Small-Wheeled Transport (skates, skateboards, push scooters and hand

carts) and Wheelchair travel

Older Persons Persons who have attained the age of 60

Post Neonatal Mortality Deaths of children occurring between one month and one year after

birth

Preterm birth Refers to a situation when a baby is born too early, before 37 weeks of

pregnancy have been completed

Physical Elements In human settlement, they space, landforms, waterbodies, climate,

soils, rocks, and minerals

Population Momentum

Population momentum refers to population growth at the national level that would occur even if levels of childbearing immediately declined to replacement level. Population momentum occurs because it is not only the number of children per woman that determine population growth, but also the number of women in reproductive age

Maternal mortality Ratio

The number of women who die because of pregnancy-related complications or childbearing in a given year per 100,000 live births in that year. Deaths due to complications of spontaneous or induced abortions are included

Median Age

The age that divides a population into two numerically equal groups; that is, half the people are younger than this age and half are older

Migration:

The change of place of usual residence for a time period of three months or more of an individual or group of persons from an administrative area into another

Morbidity

Morbidity is the state of being unhealthy for a disease or condition

Mortality

Mortality is related to the number of deaths that have occurred due to a specific illness or condition

Multidimensional Poverty Index

Captures the multiple deprivations that people in developing countries face in their education, health and living standards. The MPI shows both the incidence of non-income multidimensional poverty (a headcount of those in multidimensional poverty) and its intensity (the average deprivation score experienced by poor people). Based on deprivation score thresholds, people are classified as multidimensional poor, near multidimensional poverty or in severe poverty

NEET

The percent of young people Not in Education and not in Employment or Training

Nuptiality

Refers to marriage as a population phenomenon, including the rate at which it occurs, the characteristics of those united in marriage, and the dissolutions through divorce, separation, widowhood and annulment

Risk

The probability of a hazard event causing harmful consequences (loss of life, injuries damage)

Risky/Unsafe sexual Behaviour Risky sexual behavior is defined as sexually active school students who have at least one of the following: multiple sexual partners, having more than one sexual partner before the data collection period; sexual initiation before the age 18; inconsistent use of condom (incorrect use of condom or failure to use condom

Rural Out Migration

To leave one region or community in order to settle in another especially as part of a large-scale and continuing movement of population

Remittances

A remittance is a payment of money that is transferred to another party. However, the term is most often used nowadays to describe a sum of money sent by someone working abroad to his or her family back home

Time related unemployment Rate

This is a measure of labour underutilization that provides information regarding the share of employed persons who are willing and available to increase their working time and worked fewer hours than a specified time threshold

Total Fertility Rate

The average number of children that a woman would have if she went through her entire reproductive period, from 15 to 49 years, reproducing at the prevailing age specific fertility rate. This rate is sometimes referred to as the number of children women are having today

Total Orphan

Person below age 18 who has lost both biological parents to death

Universal Health Coverage (UHC)

Ensuring that everyone who needs health services is able to get them

without undue financial hardship

Urbanization:

This is the process of concentration of a country's national population

into settlements designated as urban centers

Urban Center

This is a built-up and compact human settlement with a population of at least 2,000 people. An urban centre may be classified as a market centre, town, municipality or city. Urban centres are service centres that provide goods and services to both the resident and surrounding population. As such, an urban centre may constitute some trading

centres with less than 2,000 people

Working Age Population (WAP)

Includes all persons in the population above specified age (15-64) threshold used for statistical purposes to define the economically active

population

Youth

Persons who have attained the age of 18 but are yet to attain the age of

35

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